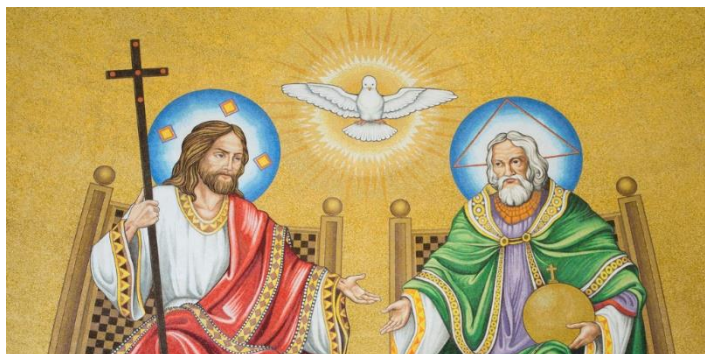




# MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist

**The Most Holy Trinity – 15th June 2025**



## Celebrating Faith and Milestones

Hello Parishioners,

As we mark Holy Trinity Sunday—a celebration of the great mystery of God as Father, Son, and Holy Spirit—we are reminded that communion is at the very heart of who God is. And in that spirit of communion, I am pleased to share that we recently had a deeply enriching and fruitful time at our annual Clergy Conference.

It was a time not only of prayer and renewal, but also of fellowship and joy. Coming together with our brothers priest, deacons and seminarians from across the Diocese was a gift—one that renewed our hearts and reminded us of the shared journey we walk in ministry.

During the conference, we also had the joy of celebrating a very special milestone: Fr Marek's 25th Anniversary of Priestly Ordination. What a blessing he is to our parish! His generous spirit, deep faith, and quiet dedication are a gift to our community. We give thanks to God for his ministry and invite you to join us in congratulating him on this remarkable milestone. After the 10:30am Thanksgiving Mass today, we invite you to a celebration lunch under the big tree in the schoolyard. It is a chance for us as a parish family to honour Fr Marek, share a meal together, and express our gratitude for his 25 years of faithful priestly service.

Looking ahead, we also hold in prayer the children of our parish who have been preparing to receive their First Holy Communion. On Saturday 21 June, they will be fully initiated into the Eucharistic life of the Church as they receive Jesus in the Sacrament for the first time. Let us pray for these young ones and their families—that this encounter with Christ may nourish their faith and open their hearts to God's enduring love.

May the grace of the Trinity fill your homes and hearts this week.

*Fr Chima*



We congratulate Fr Marek on his 25<sup>th</sup> Anniversary of Priesthood.

You are invited to join in his celebrations this Sunday at 10:30am Mass followed by lunch.

We thank Fr Marek for his loving service to the parish and wish him God's blessings.



Please use the Council Car Parking stations in Central Ave and Whistler St.

We need to keep the Church Car Park accessible for EMERGENCY VEHICLES.

*With Thanksgiving On your  
25th Anniversary of  
ORDINATION*



**THE GREAT ADVENTURE**

## Unlocking the Mystery of the Bible

The acclaimed series by  
**JEFF CAVINS and SARAH CHRISTMYER**

Ever wonder how the stories from the Old Testament and New Testament link together to form one coherent story of Salvation History? How does the story of my own life fit into God's plan for salvation history?

**Mondays from 7.30pm to 9.00pm Starting 16 June**

**REGISTER**

**AS WE CELEBRATE JUBILEE SEMINARIANS  
JOIN US FOR**

## VOCATION EVENING

**24 JUNE 2025**

4:45pm – Meet at St Paul's College grounds, Manly  
5:00pm – Pilgrimage to St Mary's Manly  
6:00pm – Inspiring vocation testimonies  
6:30pm – Adoration of the Blessed Sacrament and Taizé  
7:30pm – Dinner Celebration in Manly Parish Hall

**BOOKINGS ESSENTIAL: Call Parish Office: 9977 5822 or scan QR code**

**Recently Deceased:** Pat Ferris

**Anniversary:** Luigi Vasile

**Prayers for the sick in our parish:** “*Lord, grant them and their carers strength and courage*” Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O’Leary; Anna Kalayzich; Veronica Rinaldo; Rena Curll; Shirley Ford; Ana Maria Saladana; Peter Hoang Ngoc Thai; John Santos; Garry Kirkman; James Douglas; Fiona Hipkiss

### Dates to remember...

- **First Communion Classes continue** 14 - 15 June
- **Spiritual Conversations Group** Thursday 19 June 7pm
- **Cenacle of Our Lady**  
Manly: Tues 9:45am; Freshwater: Wed 9:45am



### Sacrament of confession/reconciliation

is available in Manly every Saturday from 10am to 11am and Wednesday from 6pm to 7pm.



### EUCCHARISTIC ADORATION IN MANLY

**ON WEDNESDAYS 6pm – 7.30pm**

**Quiet Prayer, Adoration and reconciliation will be available**  
6pm – 7pm concluding with **Benediction**

“**Hours of Mercy**” every **First Wednesday** from **6:00 pm to midnight**, we will hold a special time of grace and prayer. The evening will begin with **Mass**, followed by **Eucharistic Adoration**. This extended time of prayer allows us to deepen our relationship with God and receive the gift of **Plenary Indulgences**.

### SPIRITUAL CONVERSATIONS GROUP



**Do you know someone thinking about becoming Catholic?**

A new group is starting up for those who are not baptised, or not fully initiated into the Church, and are **interested in exploring the Catholic faith**. This is *not* a general prayer group or ongoing formation class, but a space specifically for those **discerning entry into the Church**.

The group is informal and begins with conversation, a short reflection from Fr Sam, and time for open questions. It’s the first step before the formal RCIA program kicks off in September.

The group meets on **Thursday evenings at 7:00pm** at **St Mary’s Parish Office**.

If you or someone you know is curious about becoming Catholic, feel free to get in touch with **Fr Sam** at [sam.french@bbcatholic.org.au](mailto:sam.french@bbcatholic.org.au).



### Part 1 – The Vocation of Marriage

The most common vocation in the Church is the vocation to marriage. Marriage is a covenant, a lifelong partnership between a man and a woman, ordered to the good of the spouses, and to the transmission of life and education of children (CCC 1601).

Marriage is willed by God and has been raised by Christ to the dignity of Sacrament. Marriage and family life is a reflection of the communion of love that exists between the Persons of the Trinity. God is a communion of love and has created man in His own image and likeness, male and female He created them - a community of love between persons (Gn 1).

Pope John Paul II wrote that the vocation and mission of the family is fourfold (*Familiaris consortio* 1981):

1. forming a community of persons;
2. serving life;
3. participating in the development of society;
4. sharing in the life and mission of the Church

Just as the love is a key characteristic of the nature of God, so too does love constitute the inner dynamism of the community of marriage and the family, the love between husband and wife, parents and children, siblings, and even broader relations such as grandparents, aunts and uncles, etc. Family life, therefore, is a call to imitate and incarnate the love that exists between the persons of the Trinity into the world, as a visible witness of the love of God.

Serving life means that spouses also share a special conjugal communion, a mutual self-giving that in its complementarity is what gives fruit to new life, a profound gift by God enabling them to participate in His creative action. Married couples, in a unique way, have been entrusted by God to be open to life and to serve life at all stages, whether the newborn, or looking after the vulnerable and elderly.

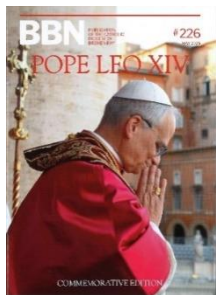
Families also play a vital role in the foundation and development of society. God created the conjugal partnership as the beginning and basis of society. The Family is therefore “the first and vital cell of society” (*Apostolicam actuositatem*, 11). As such, it is through families that citizens are birthed, and in families they learn social and human values and are prepared to undertake their social role as responsible citizens when they reach adulthood.

Finally, Christian spouses and families are called to participate in the life and mission of the Church. They do this primarily by proclaiming the Gospel and witnessing and encouraging each member to growth in holiness and Christian charity. Cristian families are also called to contribute in other ways, such as: support and mentor other families; prepare younger couples for the sacrament of matrimony; foster missionary vocations among their sons and daughters; and as the “domestic Church” families are called to be places where love, prayer and Christian hospitality is extended to all in the parish community, and indeed the wider community, including those who are alone or isolated from their own families.

May Mary the Mother of the Church pray for all families in our parish in their vocation and mission of transmitting and nurturing life. Amen!

*Alfred Soliman Seminarian*





## Broken Bay News Pope Leo XIV Commemorative Edition

Now available in the  
Church.



On behalf of the staff at St Brigid's Catholic College, Lake Munmorah, I would like to offer our sincere thanks and gratitude for welcoming us all to your parish last Friday for our Staff Spirituality Day.

We had over 70 teachers and support staff attend, and the feedback has been overwhelmingly positive. A number of teachers informed me that they learnt a lot about St John Vianney, and a few teachers mentioned that they went to Confession for the first time in years and it was so healing for them.

I have sent a few photos from our time there, feel free to share them in your parish bulletin. Thank you, Alfred, for liaising with me in the lead-up to the day, you were so patient in answering all my questions and accommodating us.

Blessings for your Clergy Conference!

Many thanks, Maisie Tenev – Youth Ministry Coordinator

### HAVE YOU COMPLETED YOUR PILGRIMAGE PASSPORT?




If you have all 4 Pilgrimage Site stamps on your Pilgrim Passport, don't forget to show your completed passport to your Parish Secretary. Your name will be recorded and a certificate of completion that will be signed by the Bishop will be arranged for you.

Check out how your parish is doing at:  
<https://www.bbjubilee.com.au/pilgrimage-to-shrine/jubilee-pilgrimage-completion-leaderboard/>



## Jubilee Shrine of Hope

### Mary Immaculate Church Manly

During 2025 Jubilee at Mary Immaculate Church, Manly you are able to obtain a Plenary Indulgence. An Indulgence is beautiful expression of God's mercy referring to the remission of temporal punishment due to sins already forgiven through Confession.

To obtain the Indulgence we must:

- Visit the Shrine
- Go to Confession
- Receive Holy Communion
- Pray for the Pope's Intentions
- Be Free from attachment of Sin

There are 3 other Churches in the Diocese which form the Diocese Pilgrimage. **Pilgrim Passports** can be found at the entrance to the Church. Please stamp your passport at the Shrine of St John Vianney.

### Prayer for the Jubilee Year of Hope

*Inspired by the Life and Witness of St. John Vianney*

Heavenly Father, in this Jubilee Year of Hope, we thank You for the gift of our parish, Manly Freshwater, chosen as a shrine of hope for priests and vocations. Through the intercession of St. John Vianney, the faithful shepherd of souls, renew in us a deep love for the priesthood and a commitment to fostering holy vocations in our community.

Lord, may this parish be a beacon of hope, where priests find strength and renewal, where Your faithful discover peace and encouragement, and where hearts are inspired to answer Your call with courage and joy.

Teach us, through the example of St. John Vianney, to love prayer deeply, to serve with humility, and to bring Your mercy and hope to those who seek You.

We entrust Manly Freshwater Parish and this Jubilee Year of Hope to Your loving care, confident that You will guide us to renewal and bless us with abundant vocations, through Christ our Lord. Amen.

### Jubilee Year 2025 [bbjubilee.com.au](http://bbjubilee.com.au)

"We must seek together how to be a missionary Church, a Church that builds bridges, dialogue, always open to welcoming everyone with open arms—everyone who needs our charity, our presence, dialogue, and love."

*Pope Leo XIV 8 May 2025*



**Pope's Prayer Intention for June 2025 Pope Leo XIV:** From the heart of Jesus, let us learn to have compassion on the world (Vatican City, 3 June 2025).

The video with the prayer intention of Pope Leo XIV for June 2025 – "That the world might grow in compassion" This is the first time we hear Pope Leo XVI's voice on [The Pope Video](#) to ask the faithful to pray for his intentions. This month, he asks us to pray "that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world."



## From Bishop Anthony Randazzo to the clergy and people of Broken Bay, in preparation for the Solemnity of The Most Holy Body and Blood of Christ in the Holy Year of Hope, 2025

### “The Gospel Is the Body of Christ”: A Call to Participation in the Eucharist

Each Sunday, we gather at the altar as one Body in Christ, drawn into the divine mystery where heaven touches earth. We hear the Word proclaimed, we offer our prayers, and we receive the Body and Blood of our Lord Jesus Christ. Yet amid the sacredness of the liturgy, a question stirs our hearts: Are we truly participating in the Eucharist, or merely present?

Saint Jerome, one of the greatest biblical scholars of the Church, offers us a striking reflection that pierces through routine and indifference. In his *Commentary on the Psalms*, he writes:

“For me, the Gospel is the Body of Christ; for me, the holy Scriptures are his teaching. And when he says: whoever does not eat my flesh and drink my blood (Jn 6:53), even though these words can also be understood of the [Eucharistic] Mystery, Christ’s body and blood are really the word of Scripture, God’s teaching. When we approach the [Eucharistic] Mystery, if a crumb falls to the ground we are troubled. Yet when we are listening to the word of God, and God’s Word and Christ’s flesh and blood are being poured into our ears yet we pay no heed, what great peril should we not feel?” (cf. Homily 74 on Psalm 147)

Saint Jerome’s words bring us face to face with the gravity and beauty of the Eucharist, not only as a sacrament received at the altar but also as a mystery proclaimed in the Word of God. At the celebration of the Mass, both the Liturgy of the Word and the Liturgy of the Eucharist are essential to our communion with Christ. Together, they form one act of worship that draws us into the Paschal Mystery.

#### The Word as Flesh

In our Eucharistic celebrations, we sometimes unconsciously separate “hearing” from “receiving.” We may sit passively through the readings, waiting for the moment of Communion, forgetting that Christ is already coming to meet us in the Scriptures. Saint Jerome reminds us that when the Gospel is proclaimed, it is not merely a story or lesson, it is the living Christ speaking to His people. His Word, like His flesh, nourishes and transforms. When we listen attentively to Scripture, we open our hearts to conversion. Jesus told Satan in the desert, “One does not live by bread alone, but by every word that comes from the mouth of God.” (Matthew 4:4). At Mass, we receive that Word from the mouth of God, poured into our ears, as Jerome says. If we approach the altar with reverence for the consecrated host, how much more should we approach the readings with attentiveness and humility, prepared, and receptive?

#### Reverence Beyond Ritual

We are rightly distressed if a host is dropped or a chalice spilled. We genuflect, we kneel, we silence our mobile phones. But what of our interior disposition? Saint Jerome’s challenge is clear: we should be no less reverent when the Word is proclaimed. If we allow our minds to wander or dismiss the homily as unimportant, we may be ignoring the voice of Christ calling to us.

The Church teaches that when the Scriptures are read in the Church, God himself speaks to his people (cf. *Dei Verbum*, 21). Participation in the Mass begins with listening deeply, with ears, heart, and will. This is not a passive act, but one

that demands intention and openness. Reverence for the Eucharist is not limited to our actions at Communion, it begins the moment we leave our homes setting off towards the church, when we greet our brothers and sisters even in the car park, when we enter the church building, in our singing, in our silence, and it continues through every part of the liturgy.

#### Participation as Transformation

The Bishops gathered at the Second Vatican Council (1962-65) emphasized the need for “fully conscious, and active participation” in liturgical celebrations (cf. *Sacrosanctum Concilium*, 14). This is more than physical presence or everyone ‘doing something’ during the liturgy. It is the act of allowing ourselves to be drawn into the life of Christ. We bring our lives, our often-unseen joys, our sorrows, and we lay them on the altar in the visible gifts of bread and wine. We are not spectators of a sacred drama; we are participants in a divine offering.

Each time we participate in the celebration of the Mass, we are invited into a deeper union with the Blessed Trinity, through the life, passion, death, and resurrection of Jesus. This union is not only sacramental but also scriptural. The Word prepares our hearts to recognize Him “in the breaking of the bread” (Luke 24:35). In the encounter with the Word, we are pierced like those who heard Peter’s preaching at Pentecost: “they were cut to the heart” (Acts 2:37). Only then can we truly approach the altar of the Lord, changed and ready to be nourished by His real Presence.

#### A Eucharistic Life

Our participation in the Eucharist must extend beyond the walls of the church building. If we are truly nourished by the Body and Blood of Christ, both in Word and Sacrament, we are sent forth to live Eucharistic lives. We become, as Saint Augustine says, what we receive: the Body of Christ in the world (cf. Easter Sermon 227). The same reverence and attentiveness we show at Mass shapes our daily lives, in how we think, how we speak, how we serve, how we love, how we forgive.

When the liturgy concludes, we are not dismissed from worship but sent to continue it: “Go in peace, glorifying the Lord by your life.” We carry within us the Word we have heard and the Lord we have received. Active participation is not an obligation to be met, but a grace to be lived.

#### Heeding the Word of God, Honouring the Blessed Sacrament

Saint Jerome’s exhortation is as timely today as it was in the early Church. We are always at risk of becoming too comfortable, too casual, with the sacred. Yet the Eucharist is no ordinary meal, and the Scriptures are no ordinary words. They are Jesus Christ himself, speaking and giving himself to us.

Let us approach every Mass with renewed reverence, not only for the consecrated bread and wine, but for the Word that is Christ’s own flesh poured into our ears. May we never treat casually what God offers so lovingly. And may our participation in the Eucharist, in both Word and Sacrament, be fully conscious, and life-changing.

+ Anthony Randazzo

Most Rev Anthony Randazzo DD JCL  
Bishop of Broken Bay





**First Holy Communion**  
program continues this weekend.

Please remember the children  
in your prayers.



Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you

prefer to use cash, there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.

**PILOT PROGRAM** –The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this.

The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

**SUPPORT OUR PARISH & PRIESTS FINANCIALLY by using one of the following...**

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**.
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**
  - **Parish Giving (2nd collection)**  
Funds the running of the Parish  
Account Name: Manly Freshwater Parish  
Bank Name: Commonwealth Bank  
Account # 100002025 BSB: 062 784
  - **Clergy Giving (1st collection)**  
Supports our Priests  
Account: Manly Freshwater Parish Pastoral  
Bank Name: Commonwealth Bank  
Account# 13958002 BSB: 062 784



#### HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email [manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

#### DIRECT DEBIT FROM BANK ACCOUNT

Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

*Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.*

#### PARISH SOCIAL MEDIA

**Parish facebook:** facebook.com/manlyfreshwaterparish  
**Parish website:** [bbcatholic.org.au/manlyfreshwater](http://bbcatholic.org.au/manlyfreshwater)  
**Livestreaming on Facebook** Sunday 8:30am Mass  
[manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)



**Children's Liturgy is held on the 1st and 3rd Sunday of the month during the 10:30am Mass.**

**Children's Activity pages** available at the entrance of the Churches.

**Children's Mass books** are now available at the entrances of the Church for use during the Masses. Please return after the Mass.

Mass booklets can be purchased from the Piety Store for \$10.00

#### PIETY STORE

**Movie of the month:** J.R.R. Tolkien - An unexpected friend. An award-winning documentary which explores the Catholic meaning behind the "Lord of the Rings" masterpiece. Only \$10 @ the piety store

**CD of the month:** Reaching out to today's culture - Bishop Robert Barron

A highly relevant talk which clarifies the confusion that is so prevalent in our culture about matters of Christian faith and life. Only \$5 at the piety store.



#### Morning Prayer

During this Jubilee Year of Hope 2025, we are all invited to a deeper spiritual renewal, embracing prayer as a way to grow in faith and trust in God's providence and love. As part of this journey, Morning Prayer (Liturgy of the Hours) will be prayed at 8:45am, Tuesday to Friday, before Mass, at the Blessed Sacrament Chapel, at Mary Immaculate Church, Manly. This ancient prayer of the Church unites us in praise and reflection through Scripture and psalms, drawing us into the rhythm of daily prayer with the universal Church. Prayer books will be provided, and all are welcome to join.



If you are new to the Parish or are not currently registered, we warmly welcome you and ask that you complete a Parish

Census form. This will assist us to connect with you and your family and advise you of any of our parish community activities. The census form can be found on the back wall of the Church or at the side door entrance and may be left in the collection plate or emailed to the Parish Office - [manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)



#### CAN'T GET TO MASS ON SUNDAY AND WANT TO RECEIVE HOLY COMMUNION?

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 582



## PARISH MORNING TEAS

**MANLY:** First Sunday after the 8:30am Mass and every 3rd Sunday after the 10:30am Mass hosted by the Tongan Community.

**FRESHWATER:** every Sunday after the 9am Mass in the parish hall. **Join us for morning tea and a chat. All welcome and bring a friend**



**The Craft Group** meets each week on Tuesday mornings from 10am to 12noon in the Parish Center. We invite you to come along for a cuppa and a chat in a friendly relaxed environment. Bring your knitting or other craft if you wish.



**Lectio Divina** Read his story in the Gospels. Spend time with him. Lectio Divina groups meet in the Parish Centre on Tuesday evenings at 7:30pm and Wednesday mornings at 10am.



**JOIN OUR  
NORTHERN BEACHES  
YOUNG ADULTS  
COMMUNITY**

Every 2nd Saturday at pub/restaurant  
Every 4th Saturday at Manly Parish  
message: (6 Raglan St)  
Fr Marek at 0422532173  
or Cam at 0432895304



## YOUTH GROUP

**1st and 3rd Sunday** of the Month following the 6pm Mass (7pm – 9pm).

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth Group. Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: [manlyfreshwatercatholicyouth@gmail.com](mailto:manlyfreshwatercatholicyouth@gmail.com)

Instagram: [manlyfreshwater\\_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)



## FEAST OF ST ANTHONY OF PADUA Sunday 15th June 2025

At St John the Baptist Church, Freshwater.

Program as follows...

- 1:00pm Confessions
- 1:30pm Holy Mass celebrated by Fr Anthony Fregolent with blessing of the bread and children during the Mass.
- 3:30pm Holy Procession accompanied by the Italian Brass Band of Giuseppe Verdi and escorted by the Italian Carabinieri in their colourful uniforms.

## Manly Freshwater Parish

### QR Code

You can view Fr Sam's 90 second Jubilee YouTube video by scanning the QR Code.

Other parish information can also be found.



## PARISH WEEKLY EVENTS

- Cenacle of Our Lady: Tues 9:45am Manly Church
- Craft Group: Tues 10:00am Parish Centre
- Christian Meditation: Tues 12:15pm Parish Centre
- Eucharistic Adoration: Weds 6:00pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Prayer Group in Spanish – 2nd & 4th Friday 6pm Parish meeting room
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary: Freshwater Tues – Fri 8.45am in Church
- Youth Group (Yrs 7 – Yr 12): 1st & 3rd Sunday 7pm – 9pm

## PARISH MONTHLY EVENTS

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Vincent de Paul Conferences:  
Manly 1st Mon each month 5:30pm  
Freshwater 2nd Mon each month 5:30pm

## FAMILIES OF MANLY FRESHWATER PARISH



- Tell us about your family!
- When did your family come to Manly-Freshwater parish?

Pick up a family information sheet at the entrance of the Church and once completed with a family photo please return it to the parish office. This information will be included in the parish's history and published next year

# The Most Holy Trinity – Year C

## First Reading

Proverbs 8:22-31

A reading from the book of Proverbs

*Wisdom was born before the earth was made.*

The Wisdom of God cries aloud: The Lord created me when his purpose first unfolded, before the oldest of his works. From everlasting I was firmly set, from the beginning, before earth came into being. The deep was not, when I was born, there were no springs to gush with water. Before the mountains were settled, before the hills, I came to birth; before he made the earth, the countryside, or the first grains of the world's dust. When he fixed the heavens firm, I was there, when he drew a ring on the surface of the deep, when he thickened the clouds above, when he fixed fast the springs of the deep, when he assigned the sea its boundaries - and the waters will not invade the shore - when he laid down the foundations of the earth, I was by his side, a master craftsman, delighting him day after day, ever at play in his presence, at play everywhere in his world, delighting to be with the sons of men.

The word of the Lord. **All: Thanks be to God.**

## Responsorial Psalm

Ps 8:4-9 (JB)

**R. O Lord, our God, how wonderful your name in all the earth!**

When I see the heavens, the work of your hands, the moon and the stars which you arranged, what is man that you should keep him in mind, mortal man that you care for him? R.

Yet you have made him little less than a god; with glory and honour you crowned him, gave him power over the works of your hand, put all things under his feet. R.

All of them, sheep and cattle, yes, even the savage beasts, birds of the air, and fish that make their way through the waters. R.

## Second Reading

Romans 5:1-5

A reading from the letter of St Paul to the Romans

*To God through Christ in the love which is poured out through the Spirit.*

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The word of the Lord. **All: Thanks be to God.**

## Gospel Acclamation

cf Revelation 1:8

Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

Alleluia!

## Gospel

John 16:12-15

A reading from the holy Gospel according to John

*Whatever the Father has is mine. The Spirit will receive what I give and tell you about it.*

Jesus said to his disciples: 'I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**



## Gospel Reflection

Trinity Sunday is a celebration of the many dimensions in which we discover the how and why of God: God, the Creator and Sustainer of all that lives; God, the Christ who became one of us to show us the depth of God's love; the Spirit, the love of God living among us, the love that gives meaning and vision to us, God's beloved creation.


God continues to reveal himself in all time. He is not a silent God who ceased to reveal himself on the last page of Scripture. Through the Spirit dwelling within us and within the Church, God is still leading us into a greater realization of what Jesus taught in the Gospels.

To be a person of authentic faith means to seek out and face the truth – regardless of the consequences, regardless of the cost to egos or wallets, regardless of our doubts and cynicism and fear. To live our faith means to live the truth about love, justice and forgiveness with integrity and conviction, regardless of the cost.

Faith begins with realizing the Spirit of God breathing life into all that exists; faith then compels us to continue the creative work of God, to embrace and be embraced by the love of God that envelopes every wonder of nature and every manifestation of compassion.

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**Assistant Priest:** Fr Marek Woldan  
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**Assistant Priest:** Fr Sam French  
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**Parish Secretary:** Jenny Beninati  
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**Mary Immaculate Church (Parish Office)**  
6 Raglan St, Manly 2095

Phone: 9977 5822

After Hours Sick Calls: 0499 910 010

Parish Office: Mon to Thur 8:30am - 4:30pm  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)  
[www.bbcatholic.org.au/manlyfreshwater](http://www.bbcatholic.org.au/manlyfreshwater)

**St John the Baptist Church**  
cnr Johnson & Oliver St, Freshwater 2096

**Parish Pastoral Council:**

Michael McGrath (Chair); Ivica Covic (Deputy Chair); John Zemek (Deputy Chair); Val Buono; Patricia Carroll; Rob Irving; Robert Marshall; Ian Press

**Weekend Masses:**

*Freshwater:* Saturday Vigil 5:00pm and Sunday 9am

*Manly:* Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

**Weekday Masses:** *Freshwater* Tue, Wed, Thur, Fri 9:15am

*Manly* Tues and Fri 7am & 9:15am

Wed and Thur 9:15am

**Reconciliation:** *Manly* Wed 6pm - 7pm; Sat 10am - 11am

**St Mary's Primary School** 7256 2135

Principal: Paul McGuire

**St John the Baptist Primary School** 9939 6699

Principal: Alicia van der Merwe

**St Paul's Catholic College** 7256 2112

Principal: Gabie Stojanovski

**Stella Maris College** 9977 5144

Principal: Sharyn Quirk